

# 2016 AAU Diving National

YCF Competitive Aquatics & YMCA Aquatic Center| Orlando, FL  
8422 International Dr, Orlando, FL 32819

## Monday, July 18<sup>th</sup>

- Warm up/Practice 8am till 7:30pm
- Athlete Check- in 10:30am
- **Coaches Meeting 7:30pm**

## Tuesday, July 19<sup>th</sup>

Girls		Boys	
Age Group	Event	Age Group	Event
9 & Under (Group E)	3 Meter	9 & Under (Group D)	1 Meter
10 (Group D)	1 Meter	10 (Group D)	1 Meter
11 (Group D)	3 Meter	11 (Group D)	3 Meter
12 (Group C)	3 Meter	12 (Group C)	1 Meter
13 (Group C)	3 Meter	13 (Group C)	1 Meter
13 & Under	1 Meter synchro	13 & Under	3 Meter synchro

## Wednesday, July 20<sup>th</sup>

Girls		Boys	
Age Group	Event	Age Group	Event
9 & Under (Group E)	1 Meter	9 & Under (Group D)	3 Meter
10 (Group D)	3 Meter	10 (Group D)	3 Meter
11 (Group D)	1 Meter	11 (Group D)	1 Meter
12 (Group C)	1 Meter	12 (Group C)	3 Meter
13 (Group C)	1 Meter	13 (Group C)	3 Meter
13 & Under	3 Meter synchro	13 & Under	1 Meter synchro

## Thursday, July 21<sup>st</sup>

Girls		Boys	
Age Group	Event	Age Group	Event
11 & Under (Group D)	Platform	11 & Under (Group D)	Platform
12-13 (Group C)	Platform	12-13 (Group C)	Platform

- **Coaches Meeting 7:30pm**
- **Celebration of Athletes**

There is plenty of open warm-up time at AAU Nationals, and there will be no assigned warm-ups. Open warm-ups each morning and afternoon between morning sessions and final events. Closed warm-up before each event, Exclusive warm-ups for 14 and up age groups begins on the afternoon of July 21 until 7:30pm

Ample housing (hotels) available within walking distance of the pool.

**NOTE: Grouping & Daily Event Schedule will be set after entries are closed. Events will not change days but will change order of events. Preliminary events in the morning, finals in the evening.**

For more information, please visit [www.diveaaui.org](http://www.diveaaui.org)

# 2016 AAU Diving National

## Friday, July 22<sup>nd</sup>

Girls		Boys	
Age Group	Event	Age Group	Event
14 (Group B)	3 Meter	14 (Group B)	3 Meter
15 (Group B)	1 Meter	15 (Group B)	1 Meter
14-15 (Group B)	1 Meter synchro	16 (Group A)	3 Meter
		17 (Group A)	1 Meter
		18 (Group A)	1 Meter
		19+ (Group A+)	1 Meter
		14-15 (Group B)	3 Meter synchro
		16+	3 Meter synchro

## Saturday, July 23<sup>rd</sup>

Girls		Boys	
Age Group	Event	Age Group	Event
14 (Group B)	1 Meter	14 (Group B)	1 Meter
15 (Group B)	3 Meter	15 (Group B)	3 Meter
16 (Group A)	1 Meter	14-15 (Group B)	1 Meter synchro
17 (Group A)	3 Meter		
18 (Group A)	1 Meter		
19+ (Group A+)	1 Meter		
14-15 (Group B)	3 Meter synchro		
16+	1 Meter synchro		

## Sunday, July 24<sup>th</sup>

Girls		Boys	
Age Group	Event	Age Group	Event
16 (Group A)	3 Meter	16 (Group A)	1 Meter
17 (Group A)	1 Meter	17 (Group A)	3 Meter
18 (Group A)	3 Meter	18 (Group A)	3 Meter
19+ (Group A+)	3 Meter	19+ (Group A+)	3 Meter
16+	3 Meter synchro	16+	1 Meter Synchro

## Monday, July 25<sup>th</sup>

Girls		Boys	
Age Group	Event	Age Group	Event
14-15 (Group B)	Platform	14-15 (Group B)	Platform
16-18 (Group A)	Platform	16-18 (Group A)	Platform
19+ (Group A+)	Platform	19+ (Group A+)	Platform

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