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Lexington Takes Second At Middlesex Swim Meet

The Lexington High girls swim team fell 90 points shy of overtaking Reading in the two-day Middlesex League Championship this week.

- By [Andrew Jeromski](#) and [Kara Deyermenjian](#)

Photos



Credit [Matt Tempesta](#)



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The Lexington Minutemen girls swim team fell 90 points shy of overtaking perennial powerhouse Reading in the two-day Middlesex League Championship held at Belmont High School and Bentley University.

Perhaps the most impressive performance of the contest was that of diver Helen Zitkovsky, who took the diving competition going away with a record-breaking performance- her own record.

Zitkovsky, ranked as one of the top club divers in the United States in her age group, shattered her own Belmont pool record, posting a score of 298.90 by virtue of a masterful display of diving skill.

"I thought I dove well today," said Zitkovsky. "I dove my best, and I'm very happy about it."

"Helen did very well," said Lexington diving coach Kate Sorenson. "She has been practicing a lot with (club team Boston Area Diving) and it shows. She has been doing very hard dives compared to her competitors."

Indeed, Zitkovsky routinely snapped off dives of two or higher difficulty, while the rest of the pack hovered around a 1.5 difficulty.

The 500 freestyle and the diving competition were held at Belmont on Thursday, while all other events took place yesterday at Bentley.

While the Minutemen swimmers may have been behind Reading all day, they weren't very far back, as second place practically became the sole property of Lexington in nearly every event.

"All in all I'm really pleased," said head coach Donna Cerrato. "Today was a good start."